

# HOW IT WORKS

- 1

**Order at the Bar**  
Please remember your table number and make us aware of any allergens.
- 2

**Take a Seat and Relax**  
Staff will bring food and hot drinks to your table.
- 3

**Enjoy**  
**The best bit of all!**  
If you've enjoyed your time here, please leave us a review.

Due to all our dishes being made direct to order, we serve our dishes in a 'cheque by cheque' system. Meaning orders for the same table may come at different times, even if ordered minutes apart. To avoid this, we highly recommend ordering on the same bill.

Besides, splitting a bill's what Friendship's all about.

## ALL DAY BREAKFAST



ATLAS BAR

### FULL ENGLISH / 15

Smoked Back Bacon, Thick Butchers Sausage, Black Pudding, Fried Eggs, Roast Tomato, Roasted Button Mushrooms, Baked Beans, Homemade Hash Brown & HOLY GRAIN Sourdough Toast w/ Salted Butter

*Egg, Gluten, Dairy, Soya*

### VEGAN BREAKFAST / 14

Moving Mountains Vegan Sausage, Roasted Cherry Tomatoes, Baked Beans, Roasted Button Mushrooms, Homemade Hash Browns, Whipped Avocado, Pumpkin Seeds & HOLY GRAIN Sourdough Toast w/ Vegan Spread

*Gluten, Sulphites, Mustard, Soya*

### BREAKFAST BARMS / 6

Smoked Back Bacon  
**OR** Thick Butchers Sausages  
**OR** Moving Mountains Vegan Sausage on Bakers Batch Barm

*Dairy, Gluten*

### EGGS BENNY / 12

Roasted English Ham, Poached Eggs & House Hollandaise served on a Homemade Hash Brown Slab

*Dairy, Egg, Gluten, Sulphites*

### EGGS ROYALE / 13

Smoked Atlantic Salmon, Poached Eggs, Lemon & House Hollandaise served on a Homemade Hash Brown Slab

*Dairy, Egg, Gluten, Sulphites, Fish*

### AVOCADO & EGGS / 12

Whipped Avocado, Roasted Cherry Tomatoes, Pumpkin Seeds, Soy Balsamic, Roasted Button Mushrooms & Poached Eggs on HOLY GRAIN Sourdough Toast

*(V), Gluten, Sulphites, Soya*

### FRENCH TOAST / 12

Brioche Bread, Fresh Mixed Berries, House Compote, Nutella & Madagascan Vanilla Ice Cream

*(V), Dairy, Gluten, Nuts, Egg*

### EXTRAS

- 2 x Bacon Rashers / 3
- 1x Sausage / 3
- 1 x Hash Brown Square / 2
- 1 x Egg / 1.5
- Smoked Salmon / 4
- Whipped Avocado / 4

### BREW & BARM DEAL / 6



#### BREAKFAST BARM w/ ANY HOT DRINK

Smoked Back Bacon  
**OR** Thick Butchers Sausages  
**OR** Moving Mountains Vegan Sausage on Bakers Batch Barm

*Dairy, Gluten*

## BURGER

### CLASSIC SMASH / 15

2 x 3oz Beef Patties, American Cheese, Gem Lettuce, Grilled Onions, American Mustard, Ketchup and Pickles on a Toasted Potato Brioche Bun w/ Seasoned Fries

*Dairy, Gluten, Mustard, Egg*

### BACON SMASH / 15

1 x 3oz Beef Patties, American Cheese, Streaky Bacon, Grilled Onions, American Mustard, Ketchup, Confit Garlic Aioli and Pickles on a Toasted Potato Brioche Bun w/ Seasoned Fries

*Dairy, Gluten, Mustard, Egg*

### CHICKEN & BACON / 15

Parmesan Panko Crispy Chicken Patty, Streaky Bacon, American Cheese, Diced Tomatoes, Gem Lettuce & Confit Garlic Aioli on Toasted Potato Brioche Bun w/ Seasoned Fries

*Dairy, Gluten, Mustard, Sulphites, Sesame, Egg*

## BREAD

### BLT / 12

**"The ol' Classic"**  
Smoked Back Bacon, Gem Lettuce, Diced Plum Tomato & Mayo on Toasted White Bloomer w/ Seasoned Fries

*Egg, Gluten*

### HAM & CHEESE / 12

Roast English Ham, Cheddar & Mozzarella Cheese, Wholegrain Mustard & Pickle Spear on Toasted White Bloomer w/ Seasoned Fries

*Dairy, Mustard, Gluten, Egg*

### CORONATION CHICKPEA / 12

Smashed Chickpeas, Tikka Curry Powder, Vegan Mayo, Raisins, Mango Chutney, Gem Lettuce & Diced Shallots on Toasted HOLY GRAIN Sourdough w/ Seasoned Fries

*(VG), Gluten, Sulphites, Celery*

## BOWL

### CHICKEN CAESAR SALAD / 15

Parmesan Panko Crispy Chicken, Gem Lettuce, Parmesan Shavings & House Caesar Dressing w/ Croutons

*Dairy, Egg, Gluten, Sulphites, Fish*

### SOUP / 8

Fresh Daily Soup w/ Toasted HOLY GRAIN Sourdough & Salted Butter

*(V), Dairy, Gluten, Celery*

### OUR MENU

People from Manchester.  
Produce from Manchester.  
Serving Manchester.

#### Suppliers:

Holy Grain Sourdough Bakery  
J S Atherton Hagg Back Farm  
W H Frosts Butchers  
W Thatcher Bakery  
Strawberry Catering Grocers





**ATLAS BAR**



**[www.atlasbarmanchester.com](http://www.atlasbarmanchester.com)**